# The 26 Polyrhythm Rudiments

#### by PETER MAGADINI

\*note: layout & music notation by SPIROS DAMIANOS

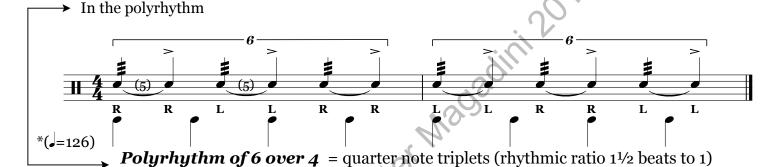
When learning & playing "The 26 Polyrhythm Rudiments" an underlying basic pulse is required and is written below each rudiment.

This is vital because this is what makes the rudiments polyrhythmic. Utilizing a metronome or tapping your foot (i.e. playing the bass drum) is suggested or you may prefer doing both at the same time.

#### 1. Five Stroke Roll







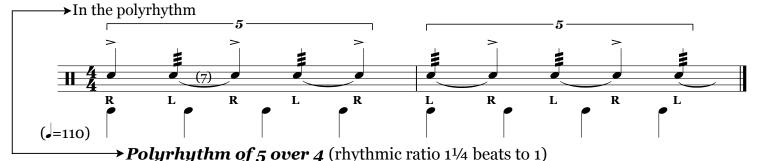
\*Metronome tempos are suggested only.



### 2. Seven Stroke Roll







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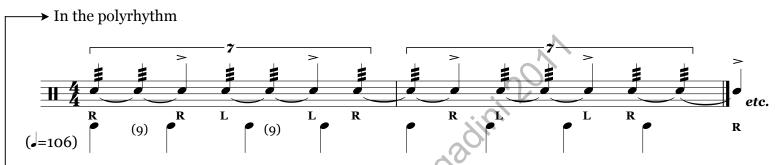
Note - Alternate stickings may be applied eg. LR

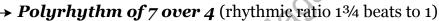
### 3. Nine Stroke Roll



As written



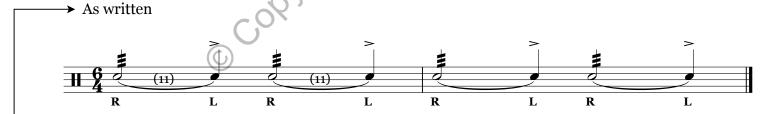






# 4. Eleven Stroke Roll





→ In the polyrhythm



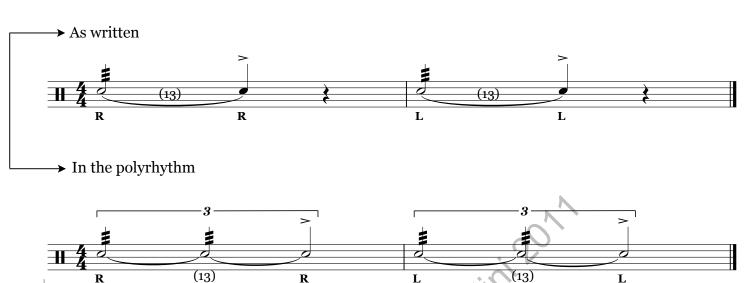
**Polyrhythm of 3 over 4** = half note triplets (rhythmic ratio 3/4 beats to 1)

Polyrhythm is slower than the basic  $\frac{4}{4}$  pulse



### 5. Thirteen Stroke Roll





Polyrhythm of 3 over 4

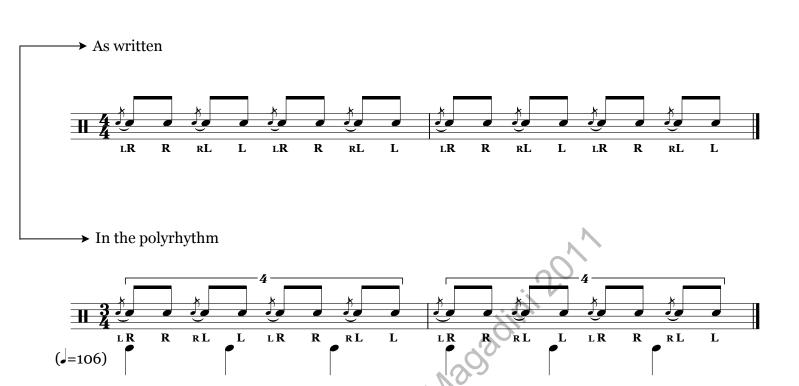
R



Polyrhythm of 4 over 3

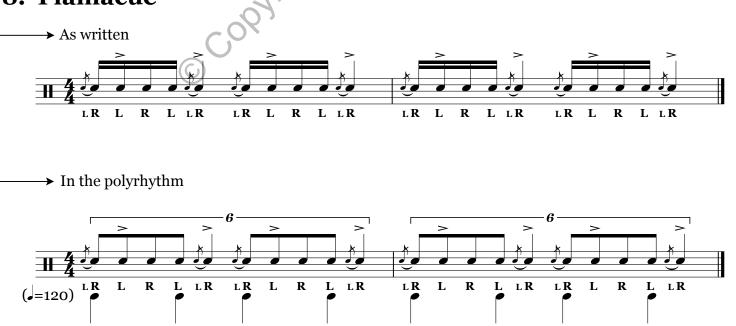


### 7. Flam Tap



Polyrhythm of 4 over 3 (sub-divided into 1/8th notes)

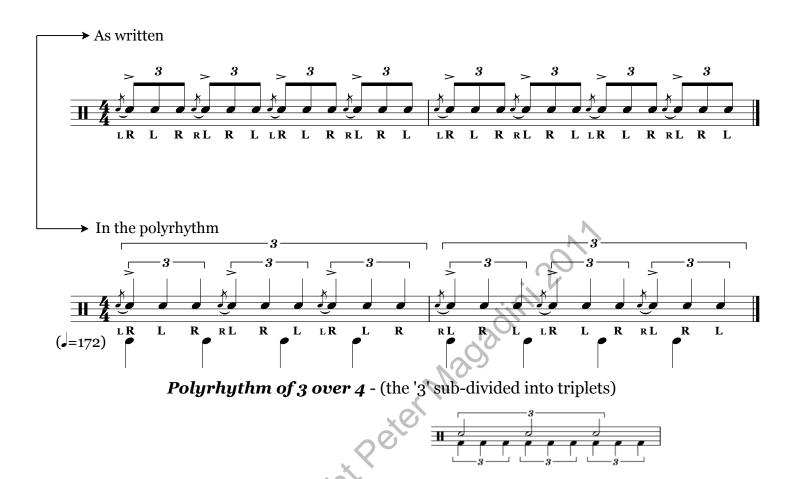




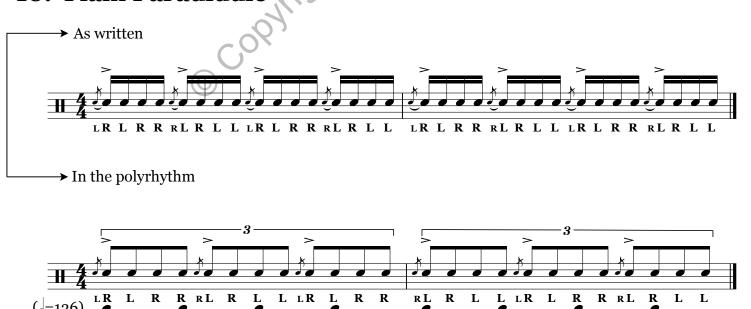
Polyrhythm of 6 over 4

Sticking may be reversed

#### 9. Flam Accent

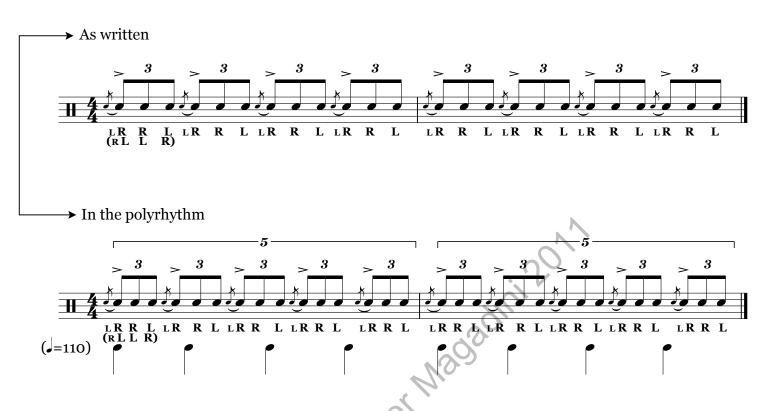


# 10. Flam Paradiddle



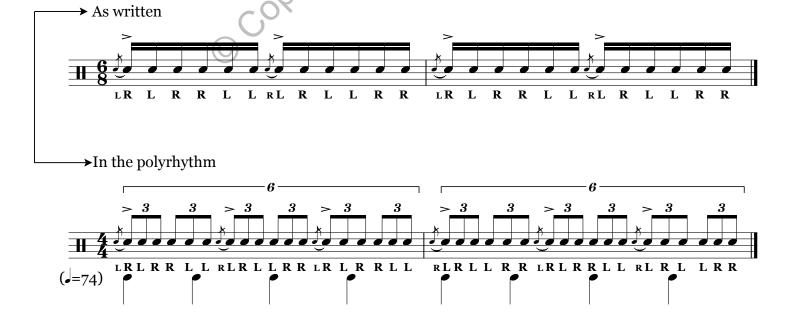
Polyrhythm of 3 over 4

### 11. Swiss Army Triplet



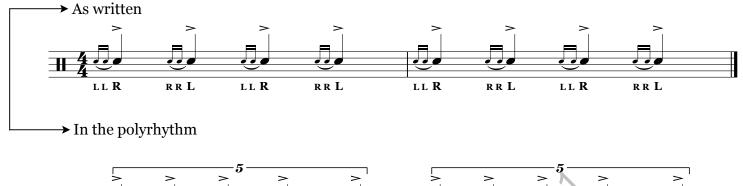
Polyrhythm of 5 over 4

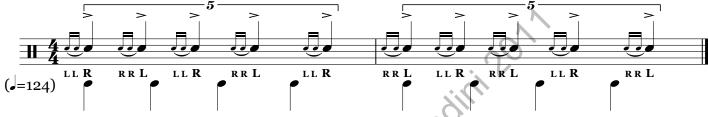
### 12. Flam Paradiddle Diddle



Polyrhythm of 6 over 4

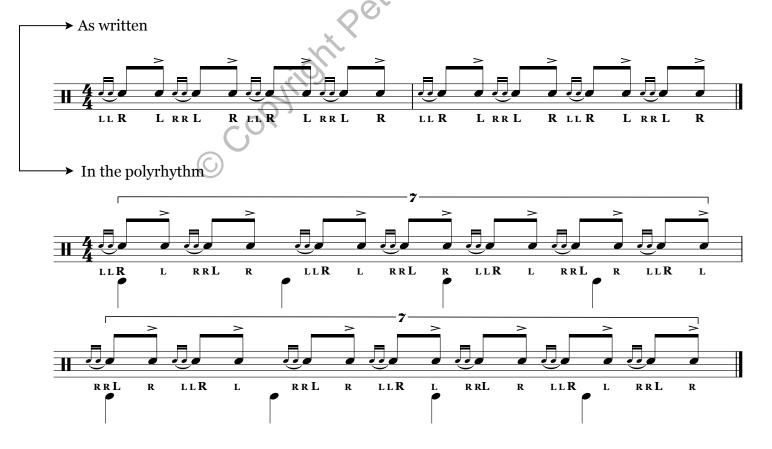
### 13. Drag





Polyrhythm of 5 over 4

# 14. Single Drag Tap



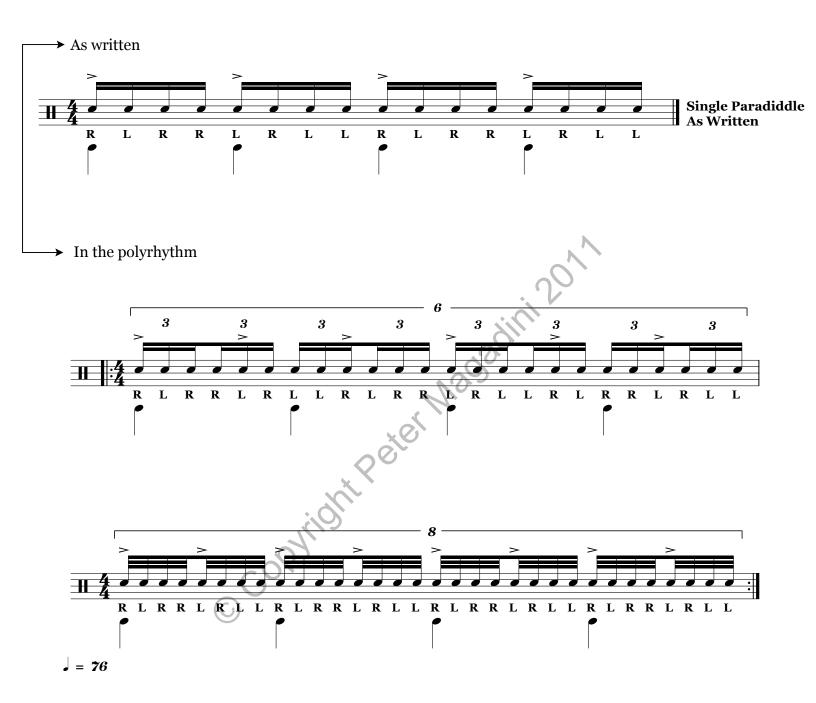
Polyrhythm of 7 over 4

# 15. Double Drag Tap



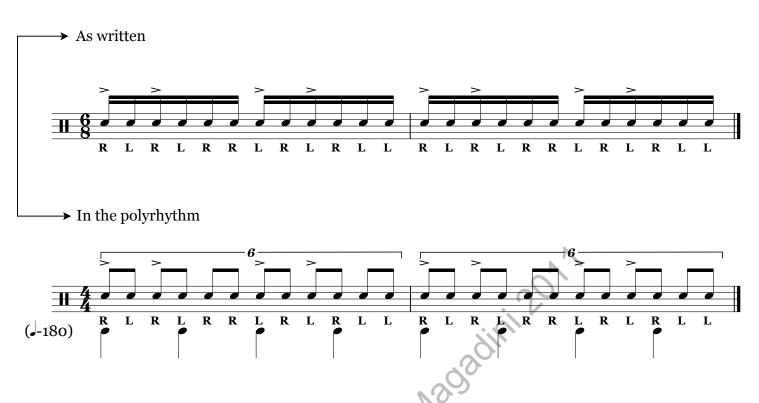
Polyrhythm of 3 over 4

### 16. Single Paradiddle



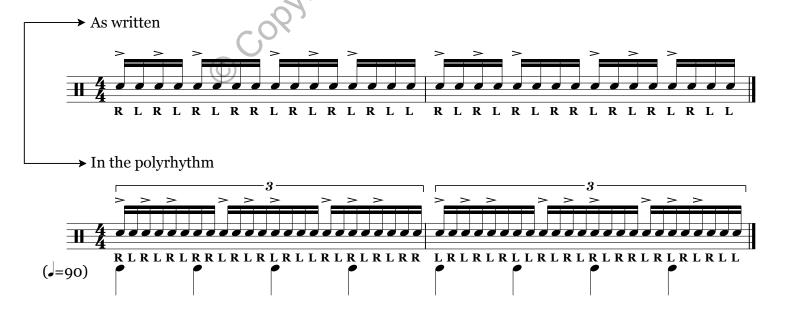
**Polyrhythms of: 6 over 4 ... & 8 over 4** (rhythmic ratio = 2 to 1)

### 17. Double Paradiddle



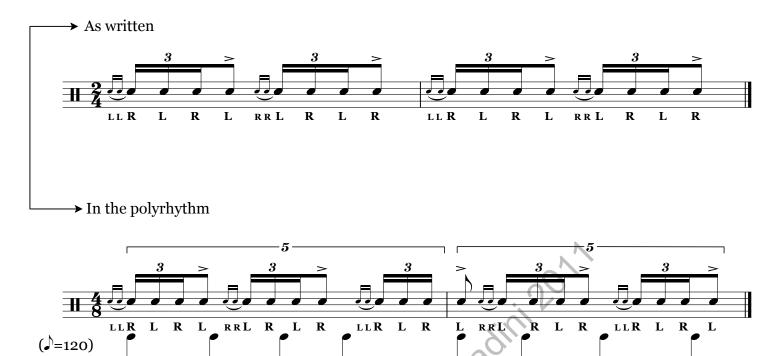
Polyrhythm of 6 over 4

# 18. Triple Paradiddle



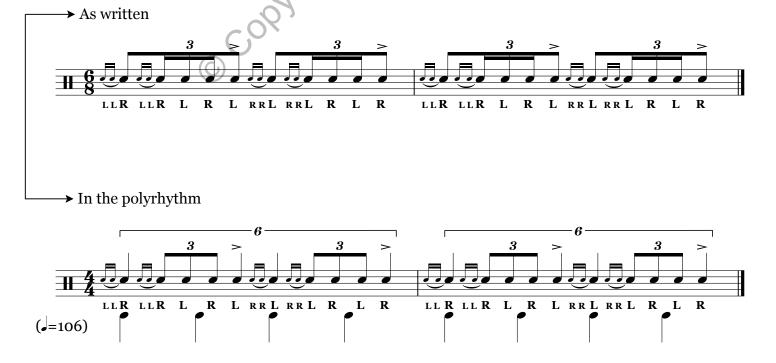
Polyrhythm of 3 over 4

# 19. Single Ratamacue



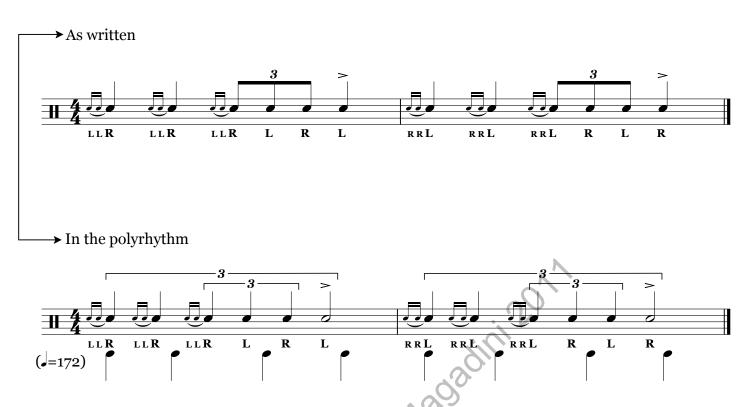
Polyrhythm of 5 over 4

# 20. Double Ratamacue



Polyrhythm of 6 over 4

# 21. Triple Ratamacue



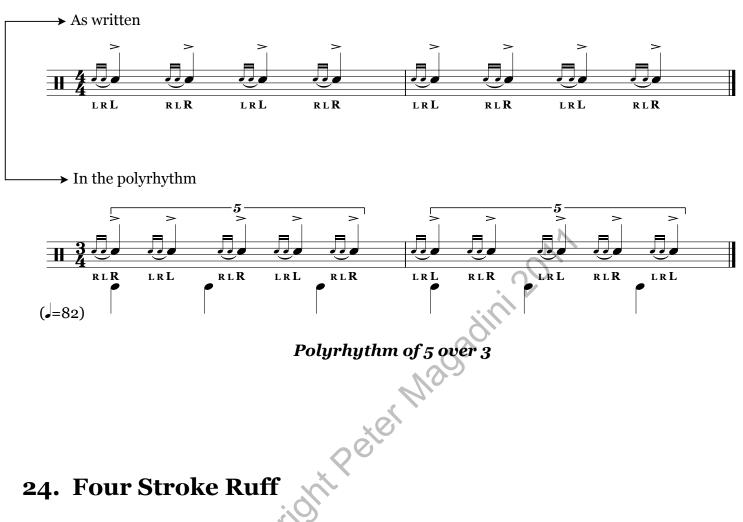
Polyrhythm of 3 over 4

### 22. Lesson 25

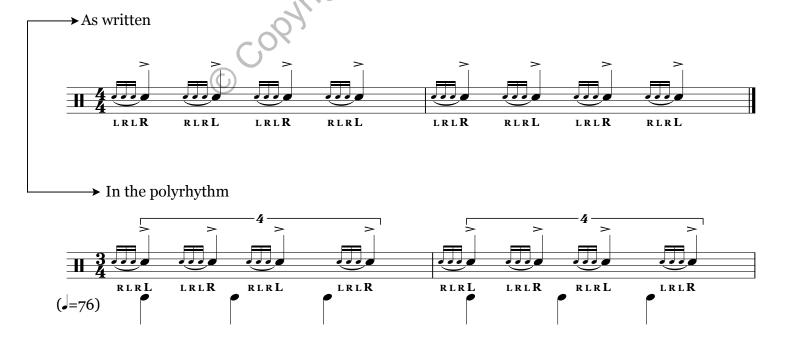


Polyrhythm of 7 over 4

# 23. Three Stroke Ruff



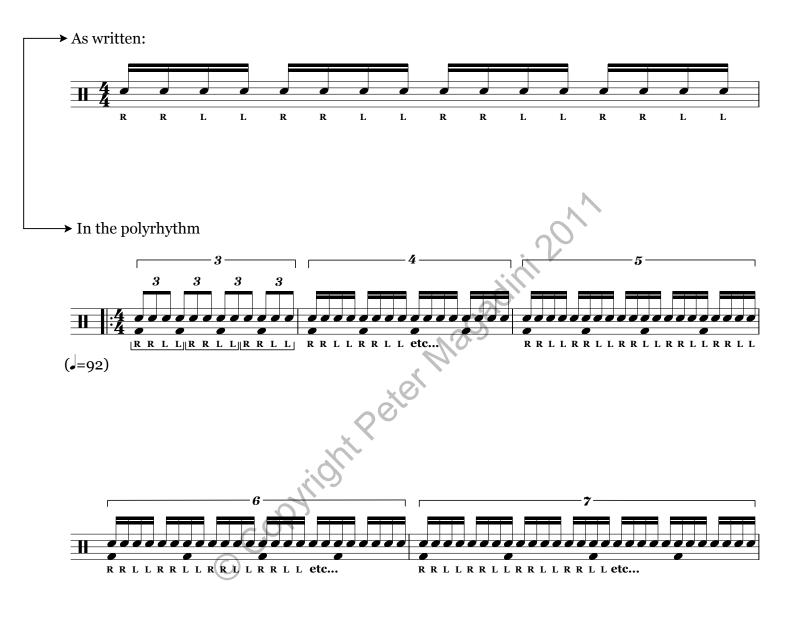
# 24. Four Stroke Ruff



Polyrhythm of 4 over 3

### 25. Double Stroke Roll

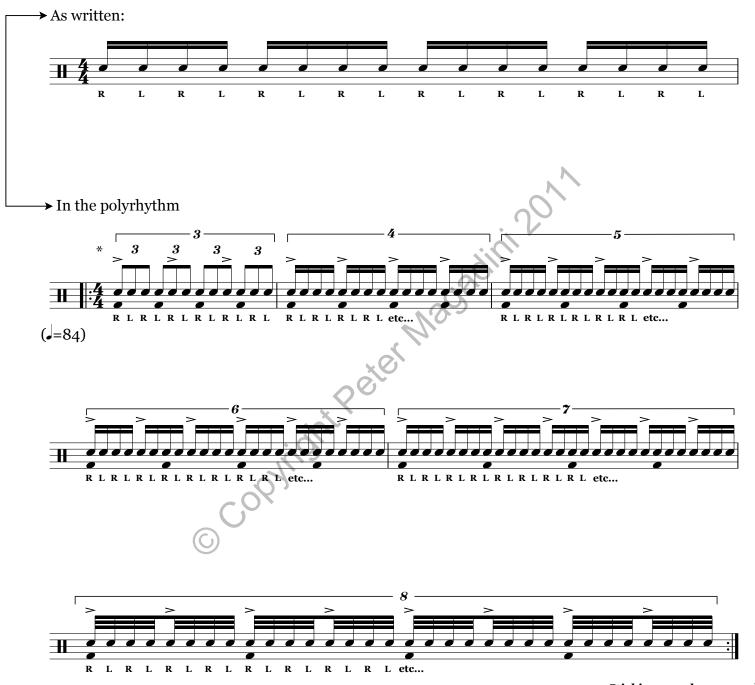
Play alternating double strokes over a steady pulse with gradual increasing (polyrhythmic) hand speed.





### 26. Single Stroke Roll

Play alternating single strokes over a steady pulse with gradual increasing (polyrhythmic) hand speed.



Sticking may be reversed \*#26 Accents are optional